Take control of your birth control.

Discover Kyleena™
Kyleena™ is low maintenance, pill-free birth control

Kyleena is a different kind of birth control option. It’s as effective as the pill, but unlike the pill, you don’t have to remember to take it every day.

Kyleena is a hormone-releasing IUD that prevents pregnancy for up to 5 years.

For 5 years of birth control, consider:
- 1826 once-daily pills vs. 1 Kyleena
- Make sure Kyleena is in place with a monthly thread check
- Return for a follow-up visit 4 to 6 weeks after placement of Kyleena

IUD is short for Intrauterine Device
- Small and T-shaped
- Made of soft, flexible plastic
- Placed in your uterus by a healthcare provider in just a few minutes
- Kyleena can be used whether or not you’ve had a baby
- You can have Kyleena removed by your healthcare provider at any time

Important Safety Information
- If you have a pelvic infection, get infections easily, or have certain cancers, don’t use Kyleena. Less than 1% of users get a serious pelvic infection called pelvic inflammatory disease (PID).
- If you have persistent pelvic or stomach pain or if Kyleena comes out, tell your doctor. If Kyleena comes out, use back-up birth control. Kyleena may attach to or go through the uterus and cause other problems.
Kyleena™ is one of the most effective methods of birth control.

Important Safety Information

• Pregnancy while using Kyleena is uncommon but can be life threatening and may result in loss of pregnancy or fertility.
• Ovarian cysts may occur but usually disappear.
• Bleeding and spotting may increase in the first 3 to 6 months and remain irregular. Periods over time usually become shorter, lighter, or may stop.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
Where does Kyleena™ go?

Kyleena is placed in your uterus by a healthcare provider. It’s a nonsurgical procedure that takes just a few minutes. In 4 to 6 weeks, you should return for a follow-up visit.

What to expect during placement

Everyone is different, and some women may experience discomfort or spotting during or after placement. These symptoms may go away shortly. If they don’t, contact your healthcare provider.

Soft threads

Make sure Kyleena is in place with a monthly self-check of the soft threads—your healthcare provider can show you how.

Kyleena (actual size)

Some common side effects include:

- **Pain, bleeding or dizziness during and after placement.** If these symptoms do not stop 30 minutes after placement, Kyleena may not have been placed correctly. Your healthcare provider will examine you to see if Kyleena needs to be removed or replaced.

- **Expulsion.** Kyleena may come out by itself. This is called expulsion. Expulsion occurs in about 4 out of 100 women. You may become pregnant if Kyleena comes out. If you think that Kyleena has come out, use a backup birth control method like condoms and spermicide and call your healthcare provider.

If you experience any of these side effects or want more information, talk to your healthcare provider.

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
Because Kyleena™ is in your uterus, not your vagina:

• You can still use tampons
• You shouldn’t be able to feel it
• Neither you nor your partner should be able to feel it during sex. If you do or if you and your partner feel pain during sex, talk to your healthcare provider

If I can’t feel it, how do I know it’s working?

Kyleena is over 99% effective at preventing pregnancy for each year of use and 98.5% effective over 5 years. This was proven in a study of more than 1,400 women between the ages of 18 and 35.

Did you know?

 Millions of women have already used IUDs—including women who’ve had a baby and those who haven’t.

Other common side effects include:

• Cysts on the ovary. About 22 out of 100 women using Kyleena develop a cyst on the ovary. These cysts usually disappear on their own in two to three months. However, cysts can cause pain and sometimes need surgery.

If you experience any of these side effects or want more information, talk to your healthcare provider.

Kyleena

(levonorgestrel-releasing intrauterine system) 19.5mg

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
With Kyleena™, your periods are likely to change

During the first 3 to 6 months, bleeding and spotting days may increase, and your period may be irregular. Some women have heavy bleeding during this time.

Once your body adjusts, monthly bleeding usually decreases. Kyleena contains a low dose of a hormone that lessens the monthly thickening of your uterine lining. This thinning of the lining means that bleeding is reduced.

Over time, your periods are likely to become shorter and lighter, or they may stop entirely. When Kyleena is removed, your periods should return.

Some serious risk considerations about Kyleena

• Although pregnancy while using Kyleena is uncommon (less than 1 in 100), it can be serious. If you think you may be pregnant, call your healthcare provider right away as it could be an ectopic pregnancy (a pregnancy that is not in the uterus). Unusual vaginal bleeding or stomach pain may be a sign of this condition, which can be life threatening, may result in loss of pregnancy or fertility, and can cause internal bleeding. There can also be similar complications if a pregnancy occurs inside the uterus with an IUD in place, and it is important to talk with your healthcare provider to understand your options and risks in this situation. Severe infection, premature delivery, and even death can occur with pregnancies that continue with an IUD.

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
Highly effective but low in hormones

Kyleena™ works by giving you a continuous low dose of progestin—a hormone that acts primarily in the uterus. And Kyleena is estrogen-free.

Is Kyleena right for you?

Only you and your healthcare provider can decide if Kyleena is right for you. To help make a decision, take a look at the checklist on page 14.

Did you know?

IUDs are reversible. They can be removed by a healthcare provider at any time, and you can try to get pregnant right away.

Other serious risk considerations about Kyleena

- Sepsis (a rare, but life-threatening infection) can occur within the first few days after Kyleena is placed. Call your healthcare provider immediately if you develop severe pain or fever shortly after getting Kyleena.
- Less than 1% of users get a serious pelvic infection called PID. More serious cases of PID may require surgery. A hysterectomy (removal of the uterus) is sometimes needed. In rare cases, infections that start as PID can even cause death.
- Less than 0.1% of users experienced perforation (attaching to or going through the wall of the uterus) in clinical trials. If perforation occurs, Kyleena may move outside the uterus and can cause internal scarring, infection, or damage to other organs, and you may need surgery to have Kyleena removed. The risk of perforation is increased when Kyleena is placed in breastfeeding women.

Kyleena™
(levonorgestrel-releasing intrauterine system) 19.5mg

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
Choosing the right birth control

Maybe you see children in your future, but aren’t ready for them yet. Or maybe you already have kids and want to wait before having more. Either way, going through the checklist below may help you determine whether Kyleena™ is right for you.

I’m looking for a birth control that:
- [ ] I don’t have to think about every day
- [ ] Is low maintenance and doesn’t require a daily routine
- [ ] Is highly effective yet low in hormones
- [ ] Works continuously for up to 5 years
- [ ] Is removable, if I ever change my mind
- [ ] Doesn’t contain estrogen or latex
- [ ] I can use while breastfeeding if more than 6 weeks have passed since I had my baby

If you checked any of the boxes above, ask your healthcare provider about Kyleena today.

Kyleena is not right for everyone. Do not use Kyleena if you:

- Are or might be pregnant; Kyleena cannot be used as an emergency contraceptive
- Have had a serious pelvic infection called pelvic inflammatory disease (PID) unless you have had a normal pregnancy after the infection went away
- Have an untreated pelvic infection now
- Have had a serious pelvic infection in the past 3 months after a pregnancy
- Can get infections easily. For example, if you:
  - Have multiple sexual partners or your partner has multiple sexual partners
  - Have problems with your immune system
  - Abuse intravenous drugs
- Have or suspect you might have cancer of the uterus or cervix
- Have bleeding from the vagina that has not been explained
- Have liver disease or a liver tumor
- Have breast cancer or any other cancer that is sensitive to progestin (a female hormone), now or in the past
- Have an intrauterine device in your uterus already
- Have a condition of the uterus that changes the shape of the uterine cavity, such as large fibroid tumors
- Are allergic to levonorgestrel, silicone, polyethylene, silver, silica, barium sulfate, polypropylene, or copper phthalocyanine

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.
From Bayer, the maker of Mirena®
(levonorgestrel-releasing intrauterine system) 52mg

Check if your insurance covers the Kyleena™ IUD at no cost.* Here’s how:

1. Call the number on the back of your insurance card.
2. Tell them Kyleena is a healthcare provider-administered method of birth control.
3. Ask them to check if Kyleena is covered at no cost.
4. Provide them with the National Drug Code (NDC) for Kyleena: 50419-424-01.
5. Ask if you will have any out-of-pocket costs if Kyleena is only partially covered under your plan.

*Other product-related costs may apply.

Need help understanding your insurance coverage? Go to CoverHer.org.

Learn more at kyleena.com or call 1-844-MY-KYLEENA

Kyleena does not protect against HIV or STDs.

If you have any questions about Kyleena, you should ask your healthcare provider. You should also learn about other birth control methods, and choose the one that is right for you.

Please see additional Important Safety Information throughout, and the accompanying Full Prescribing Information in pocket.

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